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COVID-19 Exposure guidelines

- If a person was exposed to COVID-19 they should be quarantined for 14 days.
- Exposure means being in close proximity to an individual who tested positive for COVID-19. This exposure includes up to 2 days before symptoms.
Close contact means being within 6 feet of someone who has COVID-19 for a total of 15 minutes or more.
- Testing can be done at the Star-K drive-through after 5 days since exposure. For information on testing times see <https://baltimorejewishlife.com/>
- If the test is negative, the person should still quarantine for 14 days from the time of exposure.
- If the test is positive, the person is considered contagious for 10 days from the time symptoms began, or from when the test was done, whichever happened first. If the person is free of symptoms after 10 days, they are no longer contagious. There is no need to retest.
- Household contacts who have not had the virus should count their 14 days from the day on which the last person of the household recovers.

This information is from the CDC. For more please see the CDC website:
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>